

For the Facilitator

1. Distribute 7 piles of Lego bricks around the room. Each pile should be just one color, e.g., all yellow bricks on one table, all red ones on another, etc. Be aware of access to the piles for people with mobility challenges and according to the number of participants.
2. Place a different question list, e.g., “Nationality” or “Sexuality,” by each pile. If you have more than 10 participants, it’s helpful to have multiple copies of the same list. You may want to offer the lists in digital form for any blind participants.
3. Read and/or project the instructions below.
4. The questions for debriefing are limited. Depending on what participants bring up, the facilitator needs to be prepared to discuss how to move beyond guilt or defensiveness for privilege, why not introducing the activity as one focusing on privilege could be considered problematic and much more.

For the Participants

How this Activity Works

1. There are 7 different colored piles of Legos around the room. Circulate until you have visited each color. You can start anywhere.
2. Beside each color are several copies of a list of statements. For each statement that applies to you, take a Lego. This means that you might get 7 Legos of one color and none of another, or any number in between.
3. The size and shape of the Lego pieces don’t matter. The focus is on collecting the Legos, not on the Legos themselves or what you can do with them.
4. When you’ve visited all 7 piles, return to your seat. You are welcome to build with your Legos if you’d like.
5. This activity is done in silence, both the collecting of Legos and any building.

Debrief Questions

1. How did you feel doing this activity?
2. What surprised you?
3. What did you learn about yourself?
4. How did it feel to focus on what makes daily life easy rather than hard?
5. What other categories could be added to this activity?
6. How would it have felt if the activity were called “Privilege” and each page titled “nationality privilege,” “gender privilege,” etc.? Why?
7. How can you apply what you learned through this activity to your daily life?
8. (Optional) How does this activity relate or not relate to empathy?