Critical Reflection Rubric

Criteria	1	2	3
What? (description) Observe and describe the experience and/or learning "as a camera sees it" (wide angle, zooming in) with concrete and relevant examples.	Describes experience in a way that confuses and/or in almost no detail. Provides no concrete examples, and/or any examples provided are not relevant.	Describes experience clearly in some detail. Provides one relevant, concrete example that clarifies and enhances understanding.	Describes experience clearly and in detail. Provides at least 2 relevant, concrete examples that clarify and enhance understanding.
So what? (analysis and interpretation) Examine the meaning and importance of experiences Demonstrate the ability to analyze and interpret (and ask) "why" questions.	Limits analysis of meaning and importance of experience to the specific situation in which it occurs. Explains no changes in knowledge, skill, attitude, and/or behavior as result of experience.	Analyzes meaning and importance of experience in one other situation. Explains one change in knowledge, skill, attitude, and/or behavior as result of experience.	Analyzes meaning and importance of experience to 2 or more situations. Explains at least 2 changes in knowledge, skill, attitude, and/or behavior as result of experience.
Now what? Translate the *what?* and *so what?* of experience into practical applications for the self in the future. Demonstrate the ability to apply knowledge, skills, attitudes and behaviors to your decisions and actions.	Fails to draw implications for the future. Fails to discuss clearly, if at all, how experience has confirmed, differed from, or enhanced personal understanding.	Draws implications for one future situation. Discusses briefly how experience has confirmed, differed from, or enhanced personal understanding.	Draws implications for 2 or more future situations. Discusses in depth how experience has confirmed, differed from, or enhanced personal understanding.