**Different Lenses Spring 2019**

For each of the 4 workshops in the Different Lenses Series that you attended, please type up a 250-500 word reflection.

Friendship Beyond Borders

* Who are your friends? Are they different from you? The same? Why?
* In what ways might your experiences with people from your own nationality/ethnic group and with people from different countries and ethnicities influence the way you relate to other people?

Emotional Resilience in Polarized Times

* What is driving our polarized historical moment(s)?
* What is (in) civility? What do these feel like to you?
* What is the difference between sympathy and empathy? Why is empathy needed for Peace Corps volunteers?
* How can you cultivate empathy in yourself?

Case Study Conundrum

Imagine you’re part of a small group of individuals who want to come together to strategize around how to create a more diverse, inclusive, and interculturally adept workplace, classroom, or community group.

* Choose one setting – workplace, classroom, or community group -- that you already belong to. What is it? Where does it need to focus first?
* How can you help develop your group’s plan? To answer this question, think about how you define “culture” (feel free to cite models or images that you’ve seen) and what kinds of cultural dimensions might come into play.

Telling Your Cultural Story

* When did you first become aware of cultural groups that were different from your own?
* What kinds of experiences have you had with people from different cultural communities?
* What has been challenging about defining your cultural story? What identity or identities are most important to you and why?