Overview:
This lesson plan will challenge participants to recognize and analyze their reactions to a variety of cultural values. In this activity, participants will move to various locations around the room based on their opinions about value statements read by the facilitator.

Background and Information:
This activity was created by Darla Deardorff and was originally published in Building Cultural Competence: Innovative Activities and Models (see citation below). Several versions are also available online, one from the University of Florida International Center and another from the Peace Corps Cross-Cultural Workbook. Additionally, there are supplementary materials that can be used with this activity. Please see the following page for links and more information.

Objectives:
As a result of this activity, participants will be able to:

1. "Gain awareness of cultural values framework."
2. "Visually see differences, even among those from the same cultural group" (Deardorff, 2012, p. 126).

Time:
15 minutes

Group Size:
Entire group

Materials:
List of statements for the facilitator to read aloud.

Intercultural Development Continuum Stages:
- Denial
- Polarization
- Minimization
- Acceptance

AAC&U Intercultural Knowledge and Competence Goals:

Cultural Self-Awareness:
- To articulate insights into own cultural rules and biases (e.g., seeking complexity; aware of how their experiences have shaped these rules, and how to recognize and respond to cultural biases, resulting in a shift in self-description).

Knowledge of Cultural Worldview Frameworks:
- To demonstrate sophisticated understanding of the complexity of elements important to members of another culture in relation to its history, values, politics, communication styles, economy, or beliefs & practices.
Other Skills:

Friendship; Teamwork; Mentorship & Leadership; Diversity, Equity, and Inclusion

Links to Activity Instructions and Supplemental Materials:

- A version of this activity from the University of Florida International Center and a version from the Peace Corps Cross-Cultural Workbook (pp. 81-83).
- Facilitators may also consider consulting Kris Acheson-Clair’s video “Introduction to Human Values Continuum and other Hofstede Activities” and “Video demonstration of Human Values Continuum activity.”
- The UW Cooperative Extension, Buffalo County also discusses how to use the concept of a continuum for debriefing (p. 8).

Related Tools:

Similar tools:

- Core Values
- Cross-Cultural Values
- Listening Deeply for Values
- Mapping My Cultural Values
- My Values
- Self-Awareness and Core Cultural Values
- Survey Your Values
- Trading Value Cards
- Value Line
- Values at Work
- Visible and Invisible Values

Related assessment tools:

- Team Values Assessment