

Introduction:

This lesson will challenge participants to think more deeply about their comfort with adapting in various scenarios. They will first brainstorm several situations where they may feel more or less confident in their ability to adapt. Then, they will place those scenarios on a Jamboard shared with several group members and discuss their stances on adapting.

Objectives:

As a result of this activity, participants will be able to:

1. Reflect on the contexts in which they might feel comfortable adapting.
2. Articulate how their decision to adapt or not adapt relates to their values.

Time:

1 hour

Group Size:

Small group

Materials:

Access to Zoom or other similar video conferencing platform and the [Adaptation Scenarios Jamboard](#).

Intercultural Development Continuum Stages:

- Minimization
- Acceptance

AAC&U Intercultural Knowledge and Competence Goals:

Cultural Self-Awareness:

- To articulate insights into own cultural rules and biases (e.g., seeking complexity; aware of how their experiences have shaped these rules, and how to recognize and respond to cultural biases, resulting in a shift in self-description).

Facilitator Activity Instructions:

1. Begin by preparing the [Adaptation Scenarios Jamboard](#) for your participants. The version available in Links is view only, so the facilitator will first need to make their own editable copy. In the top right corner, there is an icon with three vertical dots. Click that icon and then select "Make a copy." Rename the copied document to whatever is appropriate for the context. Click OK.
2. You will then be directed to the new document. To ensure that anyone with the link to this new Jamboard copy has editing privileges, select "Share" in the top-right corner. Click "Change to anyone with the link." A new window will pop up with a drop-down menu that says "Viewer." Click that menu and select "Editor."
3. For this activity, the facilitator will be dividing participants into small groups and placing them into breakout rooms over Zoom or another similar video conference platform. Before meeting with their participants, the facilitator should determine the number of groups and

ensure that each group has their own frame to work with on the Jamboard. To duplicate the current frame, first select the square icon in the top middle of the page. Then, click the icon with the three vertical dots and select "Duplicate." Repeat this step until there are the correct number of frames.

Note: The facilitator may also want to label each frame with "Breakout Room [insert number]" so it's clear which frame each group is assigned to.

4. While everyone is together in the main room, explain the premise of the activity: "You will see that there are four categories related to adaptation placed on the Jamboard: 'I eagerly and effortlessly adapt'; 'I want to adapt but struggle to do so'; 'I have mixed feelings about adapting'; and 'Nope, not going to adapt.' First, you should individually think of intercultural situations that might necessitate adaptation and think about how you would respond based on the four categories. Then, you should use the sticky note function (the fourth icon down in the left-hand toolbar) to place your situation under how you would likely respond. Ideally, each group member will come up with two to three situations."
5. After all group members have finished placing their sticky notes, they should discuss the rationale behind their choices using the following questions:
 - Are these scenarios ones you have actually experienced or hypothetical ones?
 - Why did you choose these particular scenarios?
 - Why did you take these stances for the scenarios you identified?
 - How do you feel about where you have placed these scenarios (proud, ashamed, frustrated, etc.)?
6. Then, once all groups have finished, everyone should return to the main meeting room, and the facilitator should share each group's frame with the entire group. One or two people from each group should be prepared to share one of their situations/stances and why they chose them.
7. To wrap up, debrief the entire group using the following questions:
 - How difficult was it to identify your adaptation scenarios and stances?
 - How might your decision to adapt or not to adapt be affected by your values?
 - Why is it so important to consider when you would or wouldn't adapt?

Participant Activity Instructions:

1. You will be divided into groups of 3-5 in breakout rooms.
2. Once in your breakout rooms, navigate to the [Adaptation Scenarios Jamboard](#) and find your group's frame (It will be the same number as your breakout room.).
3. You will see that there are four categories related to adaptation placed on the Jamboard: "I eagerly and effortlessly adapt"; "I want to adapt but struggle to do so"; "I have mixed feelings about adapting"; and "Nope, not going to adapt." First, you should individually think of intercultural situations that might necessitate adaptation and think about how you would respond based on the four categories.
4. Then, you should use the sticky note function (the fourth icon down in the left-hand toolbar) to place your situation under how you would likely respond. Ideally, each group member will come up with two to three situations.

5. After all group members have finished placing their sticky notes, discuss the rationale behind your choices:
 - Are these scenarios ones you have actually experienced or hypothetical ones?
 - Why did you choose these particular scenarios?
 - Why did you take these stances for the scenarios you identified?
 - How do you feel about where you have placed these scenarios (proud, ashamed, frustrated, etc.)?
6. When all participants are back in the main room, the facilitator will share each Jamboard with the entire group (by sharing their screen). One or two people from each group should be prepared to share one of their situations/stances and why they chose them.
7. To wrap up, the entire group will discuss the following questions:
 - How difficult was it to identify your adaptation scenarios and stances?
 - How might your decision to adapt or not to adapt be affected by your values?
 - Why is it so important to consider when you would or wouldn't adapt?

Related Tools:

- [Adapt or Be Yourself](#)
- [Cultural Adjustment, Power, and Personal Ethics](#)
- [Where Do You Draw the Line?](#)