



Adapted by Chuck Calahan from:

Ting-Toomey, S. & Chung, L. (2013, July). *Who am I? Identity dialogue* [Workshop]. Summer Institute for Intercultural Communication, Portland, OR, United States.



1. In review the figure, which 3 identities are the most important to you?
2. Which one identity, in particular, is shaped by the values of your ethnic/cultural membership?

In what ways?

3. Look at the figure again, which one identity are you *most* comfortable with?

Why?

4. Which one identity are you most proud of?

Why?

5. Which one identity are you *least* comfortable with?

Why?

6. If someone wanted to find out more about who you are, how should they approach you?

How should they begin?

What are the best ways to get to know you?