



Introduction:

As per Stanchfield (2011):

“Computer Keyboard Reflection is an engaging activity that works well for...the dual purpose of introductions and reflection [a]s a ‘brain-friendly’ teaching technique. One of my favorite aspects of this facilitation tool is that it is free, involves recycling, and is easily found in most offices and schools.”

Objectives:

As a result of this activity, participants will be able to:

1. Use a symbolic tool to represent hopes, dreams, and/or reflections.

Time:

30 minutes.

Group Size:

Small Group.

Materials:

Computer keyboard keys.

Intercultural Development Continuum Stages:

- Denial
- Polarization
- Minimization
- Acceptance

AAC&U Intercultural Knowledge and Competence Goals:

Cultural Self-Awareness:

- To articulate insights into own cultural rules and biases (e.g., seeking complexity; aware of how their experiences have shaped these rules, and how to recognize and respond to cultural biases, resulting in a shift in self-description).

Openness:

- To initiate and develop interactions with culturally different others.
- To suspend judgment in valuing interactions with culturally different others.

Activity Instructions:

1. Link to activity instructions:
 - <https://blog.experientialtools.com/2011/04/30/bookending-an-experience-with-strong-beginnings-and-endings-another-fun-idea/>



2. Instruct participants to then engage in conversation about the connections group members made to various keys. Suggested whole group discussion prompts:
 - What did you find challenging during this activity?
 - What did you learn about yourself and your group members from this activity?

