Introduction:
As per Stanchfield (2011):

“Computer Keyboard Reflection is an engaging activity that works well for...the dual purpose of introductions and reflection [a]s a ‘brain-friendly’ teaching technique. One of my favorite aspects of this facilitation tool is that it is free, involves recycling, and is easily found in most offices and schools.”

Objectives:
As a result of this activity, participants will be able to:

1. Use a symbolic tool to represent hopes, dreams, and/or reflections.

Time:
30 minutes.

Group Size:
Small Group.

Materials:
Computer keyboard keys.

Intercultural Development Continuum Stages:
- Denial
- Polarization
- Minimization
- Acceptance

AAC&U Intercultural Knowledge and Competence Goals:
Cultural Self-Awareness:
- To articulate insights into own cultural rules and biases (e.g., seeking complexity; aware of how their experiences have shaped these rules, and how to recognize and respond to cultural biases, resulting in a shift in self-description).

Openness:
- To initiate and develop interactions with culturally different others.
- To suspend judgment in valuing interactions with culturally different others.

Activity Instructions:
1. Link to activity instructions:
2. Instruct participants to then engage in conversation about the connections group members made to various keys. Suggested whole group discussion prompts:

- What did you find challenging during this activity?
- What did you learn about yourself and your group members from this activity?