Introduction:

This activity familiarizes participants with the experiences of refugees and encourages participants to reflect on their lives thoughtfully to make connections between their lives and the lives of refugees.

Objectives:

As a result of this activity, participants will be able to:

1. “Establish empathy for the refugee experience.”

Time:

30 minutes.

Group Size:

Small Group.

Materials:

A piece of paper and a pen or pencil.

Intercultural Development Continuum Stages:

- Minimization
- Acceptance

AAC&U Intercultural Knowledge and Competence Goals:

Empathy

- To interpret intercultural experience from the perspectives of own and more than one worldview.
- To demonstrate ability to act in a supportive manner that recognizes the feelings of another cultural group.

Other Skills:

Emotional Resilience.

Link to Activity Instructions:

- [https://blog.culturaldetective.com/2016/02/02/refugee-resettlement-cultural-values-in-the-remaking/](https://blog.culturaldetective.com/2016/02/02/refugee-resettlement-cultural-values-in-the-remaking/)