

Introduction:

This activity allows participants to reflect on their intercultural awareness. The video is used as a method to scaffold participants and guide them in becoming both aware and appreciative of intercultural differences. To promote reflection, participants complete the 3-2-1 activity. After each participant has answered the questions on the 3-2-1 activity, they will share their thoughts with the class.

Facilitator notes:

There is some risk that this activity may elicit stereotypes and/or generalizations that lack nuance. The facilitator may want to be prepared to discuss cultural appropriation versus appreciation and guide students in a culturally honoring and sensitive discussion.

Objectives:

As a result of this activity, participants will be able to:

1. Identify and express the role culture plays in shaping their identity.
2. Demonstrate knowledge of cultural differences.
3. Recognize the ways in which they have applied their learnings from other cultures to their lives.

Time:

30 minutes.

Group Size:

Small group.

Materials:

A computer with access to the internet; Worksheet (in [Downloads](#)).

Intercultural Development Continuum Stages:

- Denial
- Polarization
- Minimization

AAC&U Intercultural Knowledge and Competence Goals:

Cultural Self-Awareness

- To articulate insights into own cultural rules and biases (e.g., seeking complexity; aware of how their experiences have shaped these rules, and how to recognize and respond to cultural biases, resulting in a shift in self-description).

Knowledge of Cultural Worldview Frameworks

- To demonstrate sophisticated understanding of the complexity of elements important to members of another culture in relation to its history, values, politics, communication styles, economy, or beliefs & practices.

Activity Instructions:

1. Introduce and show the following videos to participants:

<https://www.youtube.com/embed/GhA9eypocE0?start=0&end=174>

<https://www.youtube.com/embed/l-Yy6poJ2zs?start=0&end=76>

<https://www.youtube.com/embed/GhA9eypocE0?start=311&end=506>

2. After watching the videos, ask participants to reflect on the following questions:

- What is your response to the videos?
- What is your greatest insight or takeaway from these videos?
- Is there anything from the videos that caused confusion for you or anything you would like to challenge?
- What does it mean to you to observe something not just from your own framework, but from another's cultural framework?
- How do cultural practices reveal underlying values?

3. Ask participants to complete the 3-2-1 worksheet (in [Downloads](#)).

4. Ask participants to share their worksheet insights with the class.

5. Debrief the activity with the following questions:

- What made this activity challenging for you? What made the activity meaningful for you?
- What does bridging across cultural difference mean to you?
- What questions will you ask yourself next time you notice someone doing something you find confusing, frustrating, etc.?
- How can we appropriately adopt new cultural learnings into our own lives?

Related Tools:

- [Awareness of Cultural Difference Exercises](#)
- [Four Levels of Cultural Awareness, The](#)
- [Self-Awareness and Core Cultural Values](#)