

## **Introduction:**

Started in 2017, the [Cultural Perspectives Podcast](#) explores questions related to cultural identity and cross-cultural interactions. Most episodes focus on unpacking a particular interaction and are less than five minutes in length, allowing listeners with busy schedules to engage with the content. There are also occasional longer conversations between the host and another person about their own cross-cultural experiences.

## **Facilitator notes:**

Facilitators can utilize this activity in a structured/synchronous (e.g., classroom) or unstructured/asynchronous/virtual (e.g., personal reflection) mode as a way of engaging with the Cultural Perspectives Podcast. Participants can complete the activity individually; however, discussing the questions in small groups has the advantage of allowing for social learning.

## **Objectives:**

As a result of this activity, participants will be able to:

1. Listen thoughtfully to one or more episodes of the Cultural Perspectives Podcast.
2. Identify insights relevant for their own cross-cultural interactions.
3. Build on their existing knowledge and explore new topics.

## **Time:**

20 minutes.

## **Group Size:**

Small Group.

## **Materials:**

Cultural Perspectives Podcast Handout; Phone, tablet, or computer with internet access (unless the podcast episodes have been downloaded in advance).

## **Intercultural Development Continuum Stages:**

- Denial
- Polarization
- Minimization
- Acceptance
- Adaptation

## **AAC&U Intercultural Knowledge and Competence Goals:**

Cultural Self-Awareness

- To articulate insights into own cultural rules and biases (e.g., seeking complexity; aware of how their experiences have shaped these rules, and how to recognize and respond to cultural biases, resulting in a shift in self-description).

## Curiosity

- To ask complex questions about other cultures.
- To seek out and articulate answers to these questions that reflect multiple cultural perspectives.

## Activity Instructions:

1. Instruct participants to listen to one (or more) podcast episodes from the [Cultural Perspectives Podcast](#). You can listen together as a group during the activity or instruct participants to listen prior to activity facilitation.
2. Engage participants in a discussion posing the below questions. Alternatively, you can post the questions in an online discussion forum and ask students to answer asynchronously.
  - What were your key takeaways from listening to this episode of the Cultural Perspectives Podcast?
  - What cultural identities and values were referenced in this episode?
  - What thoughts and feelings surfaced for you in listening to this episode?
  - How might you apply the insights from this episode in your own personal or professional contexts?
  - What topics did this episode motivate you to learn more about?

## Related Tools:

- [Storytelling Podcast](#)