

## Fall Semester 2019

### (iLEAD) International, Leadership, Enrichment, Adaptation, and Development

#### Workshop Objectives

This workshop is open to Visiting Research Scholars, who are working at Purdue's West Lafayette campus. Participants will complete brief readings, guided assignments, and reflections which will document their learning and create a portfolio of individual skill acquisition; thereby increasing cultural self-awareness and an ability to work effectively with people from other cultures.

Participants will engage in discussion with peers and intercultural learning mentors to develop skills and strategies for coping with living and working abroad. Assignments and mentor feedback will encourage participants to connect with their host culture and to better understand the similarities and differences between their host culture and home country; particularly as regards adapting to living and working in an American work and research setting. In so doing, Participants will become better able to articulate and demonstrate the component leadership skills of "interpersonal and intercultural effectiveness" as defined in the new *Purdue Undergraduate Core Curriculum*:

- Intercultural Curiosity
- Intercultural Verbal and Non-Verbal Communication
- Intercultural Openness
- Intercultural Empathy
- Worldview Frameworks
- Strategic Planning
- Professional Strengths
- Awareness of Self
- Awareness of Others
- Emotional Resilience
- Bridging Techniques

#### Course Format

Each week during the 8-week period ahead of each class meeting, participants will be given a journal writing prompt for reflections on topics linked to developing one or more of the above skills. The writing prompt will be tied to that week's lesson. These reflections will be used to facilitate discussions among the participants and mentors and inform activities and instruction used during the 90 minute course meetings.

#### How much work is involved?

Participants are expected to attend eight 90-minute class meetings and spend roughly 20-30 minutes each week in reflection journal writing. Additionally, participants will occasionally be assigned supplemental readings, surveys, and community engagement activities that will vary in time commitment.

#### Assessment

Successful completion of this workshop is a requirement of the J-Visa. In order to pass this workshop, you must a) attend all workshop sessions (or an equivalent make-up) and b) complete all assignments.

Additionally, participants will be required to complete a series of formative and summative surveys and assessments.

### **Schedule**

Fall 2019 Calendar

Assignment	Competency Area	Date
Pre-IDI & individual debrief	Formative Assessment	9/5/2019
Pre-Workshop Activity: SMART Goals & IC Bio	Strategic Planning & Self-Awareness	9/12/2019
Week 01 Intro & Campus walking tour (Amazing Race)	Curiosity & Openness	9/12/2019
Week 02 Emotional Resilience 1	Emotional Resilience	9/19/2019
Week 03 Cultural Difference & Critical Incidences	Awareness of Self & Emotional Resilience	9/26/2019
Week 04 Stereotyped, Discriminated, Excluded	Empathy & Openness	10/3/2019
Week 05 Verbal/Nonverbal Communication	Verbal & Non-Verbal Communication	10/10/2019
Week 06 Discovering your Personal Brand	Professional Strengths & Self-Awareness	10/17/2019
Week 07 Emotional Resilience 2	Emotional Resilience	10/24/2019
Week 08 Capstone: Presentation Action Planning	ALL	10/31/2019
Post-IDI & (optional) Debrief	Summative Assessment	11/7/2019
Post- and RetroPre-Loneliness/Belongingness Survey	Summative Assessment	11/7/2019
Post- and RetroPre-Satisfaction Survey	Summative Assessment	11/14/2019

### **Assignments:**

The **Pre-IDI** should be completed prior to the start of the Fall semester. Participants will be contacted by the course coordinator with information regarding the surveys. Each participant must make arrangements with a mentor to schedule an IDI debriefing appointment prior to the first workshop.

**Reflection prompts and occasional homework assignments are due at the beginning of each class**, except in cases of university approved excuses, such as hospitalization or verifiable national emergency. Handouts and written activities will serve as the aforementioned portfolio of individual skill acquisition.

**The post- and retro-pre surveys** will be administered immediately following the completion of the workshop series via email.

### **Contact**

For questions about enrollment or departmental policies, or general questions or concerns, please contact International Scholars Counselor, SJ Houston ([shouston@purdue.edu](mailto:shouston@purdue.edu)). For specific questions on any day-to-day aspects of class, contact your Intercultural Learning instructor.

**Weekly reflections and assignments** will be submitted to the course BlackBoard Learn page. Mentors may require participants to rework any portion of an assignment they feel is insufficient. For this reason, we ask that participants pay close attention to all directions.